



# TINKA RESOURCES LIMITED

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TSXv – TK; Frankfurt – TLD; Pinksheets - TKRFF

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NEWS RELEASE

May 23, 2006

## STOCK OPTION GRANT

**Vancouver, Canada** - Tinka Resources Limited (the "Company") (TSXv - TK; Frankfurt - TLD; Pinksheets - TKRFF).

Mr. Andrew Carter, President & CEO, announces that the Company has granted to its directors, officers, employees and consultants stock options to purchase up to 300,000 common shares of the Company at a price of \$0.30 per share for a period of 3 years.

On behalf of the Board,

**"Andrew Carter"**

Andrew Carter, President & CEO

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**Forward Looking Statements.** This Company press release contains certain "forward-looking" statements and information relating to the Company that are based on the beliefs of the Company's management as well as assumptions made by and information currently available to the Company's management. Such statements reflect the current risks, uncertainties and assumptions related to certain factors including, without limitations, competitive factors, general economic conditions, customer relations, relationships with vendors and strategic partners, the interest rate environment, governmental regulation and supervision, seasonality, technological change, changes in industry practices, and one-time events. Should any one or more of these risks or uncertainties materialize, or should any underlying assumptions prove incorrect, actual results may vary materially from those described herein. Neither the TSX Venture Exchange nor the Frankfurt Deutsche Börse have reviewed the information contained herein, and, therefore, do not accept responsibility for the adequacy or accuracy of this release.