



TINKA RESOURCES LIMITED

#1305 – 1090 WEST GEORGIA STREET
VANCOUVER, B.C. V6E 3V7
Tel: (604) 685 9316 Fax (604) 683 1585
Website: www.tinkaresources.com
TSXv – TK; Frankfurt – TLD; Pinksheets - TKRFF

NEWS RELEASE

June 8, 2005

STOCK OPTION GRANT

Vancouver, Canada - Tinka Resources Limited (the "Company") (TSXv - TK; Frankfurt - TLD; Pinksheets - TKRFF).

Mr. Andrew Carter, President, announces that on June 8, 2005, the Company granted to its directors, officers, employees and consultants stock options to purchase up to 235,000 common shares of the Company at a price of \$0.40 per share for a period of 3 years.

Tinka Resources Limited trades on the TSX Venture Exchange under the symbol "**TK**" ("**TK.V** for quotes through yahoo.com), Frankfurt - "**TLD**" and is quoted on the Pinksheets under the symbol "**TKRFF**". The Company directors are experienced in the resource sector and are focused on enhancing shareholder value by expanding Tinka's assets in this sector. Management aims to identify exploration projects of high merit and quickly complete confirmation exploration. This will enable the Company to confirm the potential of a project and reach advanced project status by the most cost effective means and in the shortest time possible.

On behalf of the Board

"Andrew Carter"

Andrew Carter, President & CEO

Investor information contact:

Nick L. Nicolaas at (604) 657-4058

or email: nicolaas@attglobal.net

website: www.tinkaresources.com

Forward Looking Statements. This Company press release contains certain "forward-looking" statements and information relating to the Company that are based on the beliefs of the Company's management as well as assumptions made by and information currently available to the Company's management. Such statements reflect the current risks, uncertainties and assumptions related to certain factors including, without limitations, competitive factors, general economic conditions, customer relations, relationships with vendors and strategic partners, the interest rate environment, governmental regulation and supervision, seasonality, technological change, changes in industry practices, and one-time events. Should any one or more of these risks or uncertainties materialize, or should any underlying assumptions prove incorrect, actual results may vary materially from those described herein. Neither the TSX Venture Exchange nor the Frankfurt Deutsche Börse have reviewed the information contained herein, and, therefore, do not accept responsibility for the adequacy or accuracy of this release.